



302 and 846 State Street • Schenectady, NY

New Choices Recovery Center sponsors a comprehensive array of programs and services to individuals in recovery from substance abuse and mental health difficulties. Our portfolio of treatment options include; community residential, intensive residential, permanent supportive housing, full day rehabilitation and outpatient treatment, and a drinking driver program. Our philosophy of care emphasizes a holistic, client-centered approach where the physical, mental, spiritual, emotional, and behavioral aspects are addressed concurrently in order to maximize positive treatment outcomes.

### ***Outpatient, Intensive Outpatient and Day Rehabilitation Services***

At two convenient locations, New Choices' Ambulatory Programs offer three levels of addiction treatment. Substance abuse clients often have accompanying psychiatric disorders, criminal involvement, histories of physical and sexual abuse, serious medical illnesses, profound economic challenges and homelessness. New Choices views substance abuse disorders as complex bio-psycho-social illnesses requiring comprehensive and multipronged approaches. For this reason, we employ a multidisciplinary staff comprised of social workers, mental health counselors, CASACs, nurses, a psychiatrist, psychologist, and creative arts therapist who in collaboration with other providers offer the following services and programs:

- Evaluation/Assessment
- Diagnosis
- Addiction Education
- Care Coordination/Case Management
- Criminal Justice/Conflict Resolution
- Criminal Justice Re-entry
- Domestic Violence Counseling
- First Response Crisis Intervention
- Housing Support
- HIV/AIDS Counseling/Testing
- Individual Counseling
- Job Readiness
- Life Skills Training
- Medication Monitoring
- Men's and Women's Recovery
- MICA Services
- Nutritional Education
- Parenting Skills
- Psychiatric Evaluations
- Relapse Prevention
- Spirituality
- Trauma Informed Counseling
- Wellness Strategies

### **Residential Services**

*Perrin House Community Residence* – Serves 21 women in recovery with an average length of stay of 3 to 4 months.

*Purcell House Community Residence* – Serves 16 men with an average length of stay of 3 to 4 months.

*Smith House Community Residence* – Serves 16 men with an average length of stay of 3 to 4 months.

*The Bridge Center* – Serves 22 men with an average length of stay from 4 to 6 months.

## **Permanent Supported Housing Services**

New Choices sponsors several Permanent Supported Housing Programs Through grants from the federal and state governments. Supportive Housing provides rental assistance and case management services to homeless individuals and families challenged by alcohol and other drug dependencies. We maintain 79 scattered site apartments within Schenectady County.

## **Wraparound Aftercare Program**

As part of NYS' Combat Heroin campaign, this new program offers individuals with addictions to heroin and/or other opioid-based services for a period of nine months after successful completion of our treatment program.

With sponsorship from the NYS Department of Motor Vehicle, New Choices' **Impaired Driver Program** assists court-mandated individuals who have lost driving privileges because of drinking and driving infractions.

*For more information or questions regarding one of our programs, please call  
(518) 346-4436.*